

T E X A S A D U L T E D U C A T I O N S T A N D A R D S
L E S S O N P L A N

Before you begin

Title: Health Awareness

Setting: ESL

NRS Level(s): Level 4: Low Intermediate

Open entry/exit: Yes

Context: Family

Standard(s): Speak So Others Can Understand

Benchmark(s): 1.4, 2.4, 3.4, 4.4

Objective: To demonstrate verbal skills in a health related environment.

Materials: internet access (if available), medical dictionaries, pamphlets and brochures from doctor's clinics

Estimated time needed to prepare for this lesson plan: 1 hour

Estimated time needed to complete this lesson plan: 16 hours

The Lesson Plan

Introduce the lesson:

Ask students to present some health issue to the rest of the class in order to determine the areas of health they are interested their comfort level for discussing health issues in different environments. Explain how some health issues are very sensitive and often emotionally charged.

Teach the lesson:

Provide students with basic vocabulary on health and medical related terms that commonly encountered.

Practice the lesson:

Assign student to groups. Each group should select a health or medical related topic of common interest. Or each group might be assigned a different topic. Some common health and medical related topics include AIDS/HIV, hypertension, asthma, cholesterol, cancer, hospice care, and heart disease.

Each group will search the medical dictionaries, pamphlets and brochures from doctor's clinics provided and gather information covering their topic. If internet access is available, students might use the web to research their topics. Each group should deliver a conversational talk to the rest of the class on their findings. Some students might want to give personal testimony about their experiences with a health issue. However this type of information sharing is often emotionally charged and students should participate in this manner only if they are comfortable with the only if their comfort level permits.

Assess the lesson:

Exchange of verbal information among the groups helps students to check their grammar. Students are encouraged to use their new vocabulary in their group settings to correct each other.

Apply the lesson to the real world:

Students should gain an awareness of health issues and learn to communicate their own health issues without having to rely on a third party for interpretation.

Submitted by: Jose Banuelos