

T E X A S A D U L T E D U C A T I O N S T A N D A R D S
L E S S O N P L A N

Before you begin

Title: Two a Day

Setting: ESL

NRS Level(s): Level 3: High Beginning

Open entry/exit: Yes

Context: Family

Standard(s): ESL Read with Understanding

Benchmark(s): 1.3, 2.3, 3.3, 4.3, 5.3

Objective: To read, understand and follow medication instructions.

Materials: Boxes of real medication (OTC and prescription), worksheet (table for multiple medication information), OHP and transparencies.

Estimated time needed to prepare for this lesson plan: 30 minutes - 1 hour

Estimated time needed to complete this lesson plan: 2 hours

The Lesson Plan

Introduce the lesson:

Discuss different types of medications (Over the counter and prescription), forms of medications (liquid, spray, cream, tablets, etc.), and containers medications are in as a class.

Teach the lesson:

Give copies of medication instructions to class and discuss components of the instructions (usage, side effects, and warnings). Review unfamiliar vocabulary and introduce new vocabulary.

Practice the lesson:

Give pairs a box of real (but empty) medication and have them answer questions about product on worksheet table. Have groups present their medication to the class; the class listens and writes down on their worksheet information about the others groups' medication.

Assess the lesson:

Teacher will look at each group's information on the own medication.

Apply the lesson to the real world:

Students can apply this less to any real world situation where using/reading medication/labels is appropriate.

Submitted by: Erin Miller, Joyce A. Melonson, William M. Thomaz, and Gail Wade