

T E X A S A D U L T E D U C A T I O N S T A N D A R D S
L E S S O N P L A N

Before you begin

Title: Home Remedies

Setting: ESL

NRS Level(s): Level 2: Low Beginning
Level 3: High Beginning;
Level 4: Low Intermediate

Open entry/exit: Yes

Context: Family

Standard(s): Speak So Others Can Understand
Listen Actively

Benchmark(s): Speak So Others Can Understand: 1.2, 1.3
Listen Actively: 4.1, 4.2, 4.3, 4.4

Objective: To use communicating skills to attend to family health needs.

Materials: Template, pens

Estimated time needed to prepare for this lesson plan: 5 minutes

Estimated time needed to complete this lesson plan: 35 minutes

The Lesson Plan

Introduce the lesson:

Invite the school nurse to speak to the class about her/his role and services provided to the students.

Teach the lesson:

As a class, discuss situations in which it might be important to recognize and convey information related to medical or health emergencies at home. Students might be willing to share their experiences in situations of this nature.

Practice the lesson:

Using the template provided, each students will interview 4 other students in the class and document health remedies these individual have used at home. Each student will report back to the class the information obtained during the interview.

Illnesses

What do you do when someone in your family has a:	Student 1	Student 2	Student 3	Student 4
Sore throat				
Sunburn				
Insomnia				
Upset Stomach				
Hiccups				

Assess the lesson: N/A

Apply the lesson to the real world:

Students should be able to apply this lesson in communicating information regarding family health situations.

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