

T E X A S   A D U L T   E D U C A T I O N   S T A N D A R D S  
L E S S O N   P L A N

**Before you begin**

**Title:** Smart Money Choices

**Setting:** ABE/ASE

**NRS Level(s):** Level 2: Beginning Basic Education  
Level 3: Low Intermediate Basic Education  
Level 4: High Intermediate Basic Education

**Open entry/exit:** Yes

**Context:** Family

**Standard(s):** Use Math to Solve Problems and Communicate

**Benchmark(s):** 4.2, 4.3, 4.4, 10.2, 10.3, 10.4

**Objective:** To plan a special meal at the most economical price.

**Materials:** Local store ads, paper, pencil, pen

**Estimated time needed to prepare for this lesson plan:** 30 minutes

**Estimated time needed to complete this lesson plan:** 3 hours

**The Lesson Plan**

**Introduce the lesson:**

As a class, ask students how many actually think about their grocery purchases before they shop. Discuss store brands vs. name brands. Discuss the amount of savings that could be realized by purchasing store brands.

**Teach the lesson:**

As a class, plan a menu for a special meal or event. Have students brainstorm the items needed to compile a grocery list of items needed.

**Practice the lesson:**

As an out of class assignment each student should be given the task of pricing all items on this grocery list according to name brands and store brands. They will bring their completed lists to the next class session. As a class, students will plan a budget for the meal based on store brand and name brand prices from their list. Each student should be allowed to contribute to the price list.

**Assess the lesson:**

Teacher reviews each student's completed list and give individual feedback based on their interpretation and application of the assignment.

**Apply the lesson to the real world:**

Students should be able to use this lesson in planning a special meal at an economical price.

**Submitted by:** Jan Whisonant